

WONDERSCHOOL MENU

MONDAY



BREAKFAST

Each day we will provide a selection of fresh, wholegrain cereals with dairy and non-dairy milks, toast and a variety of spreads. There will be a selection of seasonal fruits available also.



MORNING TEA

RICE THINS W/CHEESE AND GREEN HUMMUS

(Kale, Rocket, White Bean, Hummus)



LUNCH

TWICE COOK LAMB SHAWARMA W/ COUSCOUS

(Lamb Shoulder, Mixed Herbs, Cauliflower, Broccoli, Carrot)



AFTERNOON TEA

THREE BERRIES SMOOTHIE AND TOAST

(Raspberry, Strawberry, Blueberry)



LATE SNACK

A selection of simple wholegrain crackers, with some vegetable sticks and seasonal fruit.

For children with allergies and cultural food preferences, food items that are similar to the menu items will be catered.